



Members of the Run Birmingham group at Chester Road railway station

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## Birmingham runners mark Cross City Heroes win

Runners in Erdington braved the rain and pulled on their sports gear to celebrate the Run Birmingham group being recognised as Cross City Heroes.

The Rookery Runners took a special route this morning (Tue 25 June) to end up at Chester Road railway station, where a special plaque of recognition has been installed.

Run Birmingham has been chosen as one of 24 community organisations to

be honoured with a plaque at railway stations on the popular Cross City Line between Redditch / Bromsgrove, Birmingham and Lichfield. The plaque is now on permanent display at Chester Road railway station in the ticket office.

Sally Bynoe, Run Activator for the group, said:

"The Rookery Runners are a great group that have come together to start their running journey. These guys have become fast friends and are incredibly supportive of each other throughout the session.

"This is a wonderful example of how our groups develop as these guys meet up outside of scheduled sessions to do their extra run and support each other along the way both virtually and by physically being there. It's wonderful to see the growth of confidence in themselves, running ability and the friendships that have formed."

Tahir Parvaz, project manager for the Big Run, said:

"Being part of Run Birmingham has been a great opportunity to join local communities together across both Birmingham and Solihull. Supported by Active Communities, we are able to provide communities the chance to get together weekly to build a healthier and happier lifestyle."

Fay Easton, head of stakeholder and community for West Midlands Railway, said:

"Run Birmingham were nominated for their charity work and the joy they have brought to local communities through their performances, so it is a pleasure to be able to recognise the group with a plaque at Chester Road station as part of our Cross City Heroes competition.

"The Cross City Line passes through many of the communities where Run Birmingham operate and is a key part of connecting communities across North Worcestershire, Birmingham and South Staffordshire, for work and leisure."

Nominations for Cross City Heroes winners were put forward by passengers, residents and railway staff as part of a competition to celebrate 40 years of services on the Cross City Line. Examples of various influential local clubs,

charities and other community groups were received as part of this process. These nominations were then judged by representatives from West Midlands Railway and West Midlands Rail Executive to form the final list of 24 winners.

For the list of winning Cross City Heroes groups visit <https://bit.ly/2WuPPcb>

**ENDS**

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